

2017 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

23 coaches voted in this weeks poll

Date: October 11, 2017

Class B Girls:

Teams

- 1 Rugby
- 2 Hillsboro/Central Valley
- 3 Watford City
- 4 Hatton/Northwood/Thompson
- 5 Southern McLean

Individuals

- | | |
|--|---|
| 1 Elise Ramberg (Langdon Area/Munich/Edmore) | 6 Jensyn Zink (Hillsboro/Central Valley) |
| 2 Lana Krack (Hatton/Northwood/Thompson) | 7 Quinn Neppl (Rugby) |
| 3 Dreah Frolek (Sargent Central/Lidgerwood) | 8 Reagan Baesler (Hillsboro/Central Valley) |
| 4 Kayla Ogle (Watford City) | 9 Jakkia Duffy (LaMoure) |
| 5 Amanda Jarrett (Carrington) | 10 Drew Frolek (Sargent Central/Lidgerwood) |

Other teams receiving votes:

Class B Boys:

Teams

- 1 New Town
- 2 Hillsboro/Central Valley
- 3 Rugby
- 4 Bowman County
- 5 Hatton/Northwood/Thompson

Individuals

- | | |
|-----------------------------|--|
| 1 Jalen Chase (New Town) | 6 Daniel LeBeau (New Town) |
| 2 Isaac Huber (Edgeley) | 7 Coltan Anderson (Hillsboro/Central Valley) |
| 3 Jaiven Hale (New Town) | 8 Jayden Wheeling (Pembina County North) |
| 4 Robert White (New Town) | 9 Patrick Wrigley (Shiloh Christian) |
| 5 Payton Smith (Carrington) | 10 Riley Zachmeier (Rugby) |

Other teams receiving votes: Pembina County North

Class A Girls:

Teams

- 1 West Fargo
- 2 Grand Forks Central
- 3 Fargo Davies
- 4 Bismarck
- 5 Minot

Individuals

- | | |
|---------------------------------------|------------------------------------|
| 1 Kelby Rinas (Mandan) | 6 Lindsey Werner (Bismarck Legacy) |
| 2 Emily Goldade (Bismarck Century) | 7 Megan Lundstrom (Fargo Davies) |
| 3 Mattie Shirley-Fairbairn (Bismarck) | 8 Abby Smith (West Fargo) |
| 4 Rachel Torrey (Grand Forks Central) | 9 Meghan Ford (Jamestown) |
| 5 Alexis Roehl (Grand Forks Central) | 10 Callie Clausnitzer (Bismarck) |

Other teams receiving votes: Bismarck Century

Class A Boys:

Teams

- 1 Bismarck Legacy
- 2 Bismarck Century
- 3 Williston
- 4 Bismarck
- 5 Grand Forks Red River

Individuals

- | | |
|-------------------------------------|-----------------------------------|
| 1 Evan Sayler (Bismarck Century) | 6 Sean Korsmo (Bismarck) |
| 2 Alex Luz (Fargo North) | 7 Hussein Muquuin (Fargo South) |
| 3 Beau Brannan (Bismarck Legacy) | 8 Morgan Fairbairn (Bismarck) |
| 4 Isaiah Germolus (Bismarck Legacy) | 9 Brady Yoder (Dickinson) |
| 5 Micade Shumway (Williston) | 10 Austin Wald (Bismarck Century) |

Other teams receiving votes: